



HELLO FROM

SAN JOSÉ, COSTA RICA

3780 miles from Columbus

Facts About San José, Costa Rica

- San José, is capital and largest city of Costa Rica with a metro area population of approximately 2 million.
- The life expectancy is almost 77 years, one of the highest in the world.
- Costa Rica (slightly smaller than Lake Michigan) is bordered by Nicaragua on the north, Panama on the south, the Pacific Ocean on the West, and the Caribbean Sea on the East.
- About 750,000 species of insects live in Costa Rica, including about 20,000 different types of spiders!
- Costa Rica is divided into seven provinces; San Jose, Alajuela, Heredia, Cartago, Guanacaste, Puntarenas, and Limon.
- Teams from Costa Rica have been in every Summer Olympic Games since 1964. Costa Rica has been in several Winter Olympic Games since 1980.
- Costa Rican athletes have won a total of four medals, all by Silvia Poll and Claudia Poll in swimming.
- Costa Rica has never medaled at the Winter Olympics.